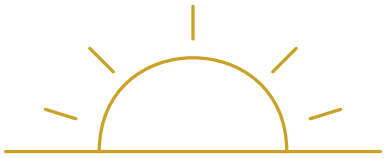
UNCLOUDED LOVE



Morning Mercies

7 days of morning prayer

A week of Scripture, prayer and quiet reflection to begin each day with God. Take a few unhurried minutes each morning: read the verse slowly, pray the prayer aloud or in your heart, then write a few honest lines in response.

THIS WEEK

DAY 1	New Every Morning
DAY 2	Peace for an Anxious Heart
DAY 3	Strength for Today
DAY 4	Guidance for the Way
DAY 5	A Grateful Heart
DAY 6	Rest for the Weary
DAY 7	Abounding Hope

DAY 1

New Every Morning

> *"The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness."*
>
> Lamentations 3:22–23 (ESV)

PRAYER

Faithful Father, thank you for the gift of this new morning.
Before the day begins, I rest in your steadfast love.
Where yesterday left me weary, meet me with fresh mercy.
Let me walk today aware that your faithfulness surrounds me.
In Jesus' name, amen.

REFLECT

What mercy of God can you name from the last twenty-four hours, however small?

DAY 2

Peace for an Anxious Heart

> *"do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."*
>
> Philippians 4:6–7 (ESV)

PRAYER

Lord Jesus, you know every worry I carry into this morning.
I bring each one to you now, with thanksgiving.
Guard my heart and mind with the peace only you can give.
When anxious thoughts return today, turn my eyes back to you. Amen.

REFLECT

Name one worry you are placing in God's hands, and one thing you are grateful for.

DAY 3

Strength for Today

> *"but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."*
>
> Isaiah 40:31 (ESV)

PRAYER

Mighty God, I come to you aware of my own limits.
Teach me to wait on you rather than rush ahead in my own strength.
Renew me for the tasks and the people in front of me today.
When I am tired, lift me up; when I stumble, hold me fast. Amen.

REFLECT

Where do you most need God's strength today? What would waiting on him look like there?

DAY 4

Guidance for the Way

> *"Let me hear in the morning of your steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up my soul."*
>
> Psalm 143:8 (ESV)

PRAYER

Good Shepherd, let me hear your steadfast love this morning.
I lift my soul to you, with all its questions and decisions.
Make the next step plain, and give me courage to take it.
Keep me close enough to hear your voice all day long. Amen.

REFLECT

What decision or path are you bringing to God today? Write it as a simple prayer.

DAY 5

A Grateful Heart

> *"This is the day that the LORD has made; let us rejoice and be glad in it."*
>
> Psalm 118:24 (ESV)

PRAYER

Creator God, this day is your handiwork and your gift.
Open my eyes to the goodness you have placed around me.
Turn my complaints into praise and my hurry into wonder.
Let gratitude be the first and last word of my day. Amen.

REFLECT

Write down three gifts from God that you can see in your life right now.

DAY 6

Rest for the Weary

> *"Come to me, all who labor and are heavy laden, and I will give you rest."*
>
> Matthew 11:28 (ESV)

PRAYER

Gentle Savior, I hear your invitation, and I come.
I lay down the burdens I was never meant to carry alone.
Quiet my striving and let my soul rest in your care.
Teach me to work today from rest, not for it. Amen.

REFLECT

What heavy load are you laying down at Jesus' feet today?

DAY 7

Abounding Hope

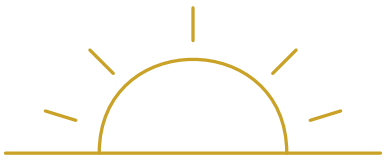
> *"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."*
>
> Romans 15:13 (ESV)

PRAYER

God of hope, fill me afresh with your joy and peace.
Where my heart has grown discouraged, renew me by your Spirit.
Let my hope rest not on my circumstances but on your promises.
Let my life overflow with hope for those around me. Amen.

REFLECT

Looking back over these seven mornings, where have you seen God's faithfulness? What hope will you carry forward?



A Blessing for Your Mornings

May the Lord meet you each morning with new mercies, steady your heart with his peace, and fill you with a hope that overflows. Keep coming to him, one morning at a time. He is faithful.

PRAY WITH US EVERY MORNING

Join us on YouTube for daily morning prayers
@UncloudedLove
youtube.com/@UncloudedLove

More encouragement at **uncloudedlove.com**

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